



## Gluten Free Menu Information

Please be aware that all menu items may have been prepared on the same surface as items that are not gluten free.

All fried items are cooked in the same fryer as non-gluten free products. This includes our corn chips and tostadas. These items are marked with (\*Fr).

Beef and Chicken Fajita Meat is normally prepared in a marinade containing soy sauce and worstershire sauce, both of which are not gluten free. When ordering these items, please ask for NO FAJITA DIP. These items are marked with (\*NFD).

Ranchero, chile con carne, southwest sour cream, and green chile sauces all contain gluten. Our hot sauce and salad dressings are gluten free.

**Chile Con Queso is NOT gluten free. Our Shredded Chicken is also not gluten free.**

The following menu items do not contain any gluten, when ordered with the listed modifications:

**Southwestern Cobb Salad with no croutons (\*NFD):** charbroiled fajita chicken, American and Monterey jack cheeses, tomatoes, black olives, and sliced avocado on a bed of crisp mixed greens

**Guacamole Salad:** Mounds of guacamole served on a bed of fresh mixed greens

**Ensalada (\*Fr):** Crisp mixed greens topped with your choice of seasoned beef, beef fajita (\*NFD), or chicken fajita (\*NFD), tomatoes, Monterey jack and American cheese, and fresh guacamole

**Panchos (\*Fr):** Crisp tostadas covered with bean and cheese, and your choice seasoned beef, beef fajita (\*NFD), or chicken fajita (\*NFD) and fresh guacamole

**Quesadillas on Corn Tortillas:** your choice beef fajita (\*NFD), chicken fajita (\*NFD), vegetable, or shrimp and spinach with pimento; layered between two grilled tortillas with cheese

**Soft Taco Dinner on Corn Tortillas:** Two tacos; your choice of brisket, seasoned beef, beef fajita (\*NFD), or chicken fajita (\*NFD); served with rice and beans

**Fish Taco Dinner:** Grilled, seasoned tilapia in a two corn tortillas with cabbage and cilantro lime sour cream; served with black beans and rice

**Chalupa Dinner with no queso chip (\*Fr):** Bean and Cheese, Seasoned Beef, Beef Fajita (\*NFD), or Chicken Fajita (\*NFD) served with fresh guacamole

### **GLUTEN FREE SIDES:**

Beans

Green Beans

Black Beans

French Fries (\*Fr)

Pico de Gallo

Broccoli

Mashed Potatoes, no gravy

Guacamole

Mixed Grilled Vegetables

Rice